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# CONTROL OF BREATH FOR SPEECH AND FLUENCY

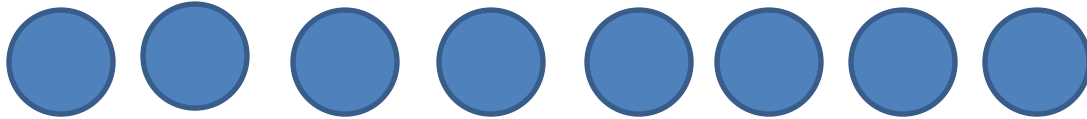
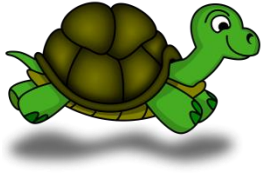
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A resource for SLPs working with voice and fluency students

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Focus on:

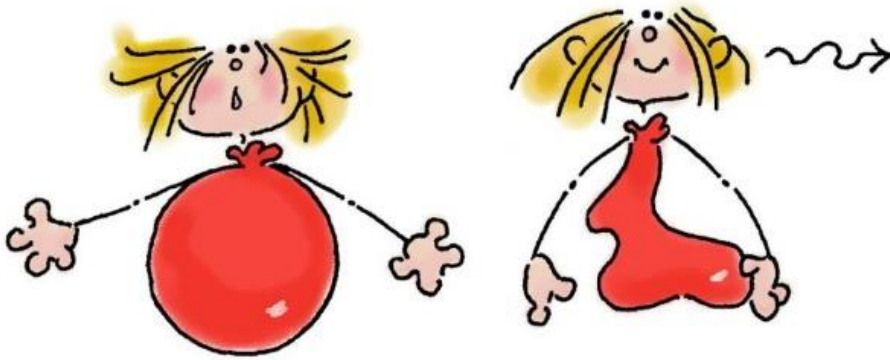
SLOW → LOUD → CLEAR



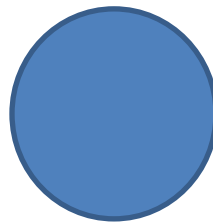
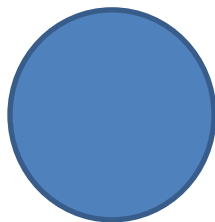
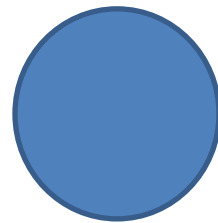
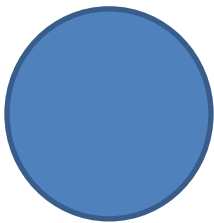
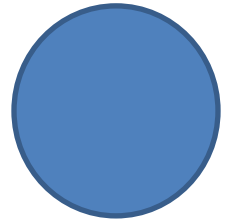
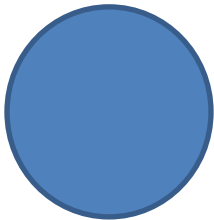
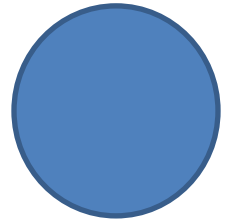
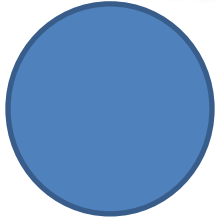
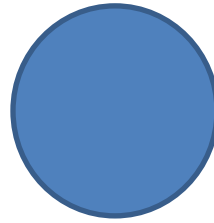
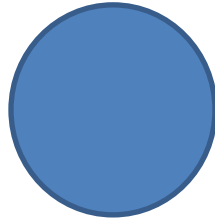
Tap the dots for each word



- Use “belly breathing”
- Speak on your exhale
- Do not rush! Speak each word clearly
- Try to visualize the turtle as you speak



- Imagine a balloon in your belly. On your inhale blow up the balloon and extend your belly. On your exhale, let the air out and deflate the balloon.



## TURTLE TALK

Use this page as a pacing board. This board can also help your student to see each word as an individual unit, decrease a rapid rate of speech and to pause between words.