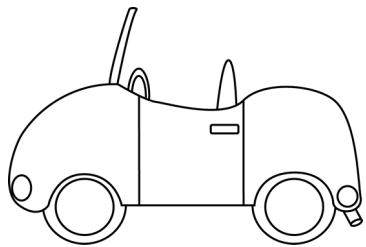


Did you know...  
It only takes 5 minutes  
of practice per day to  
make a big difference in  
the way you sound!

# GIVE ME 5!

Here are some ideas on where and how to practice each day!

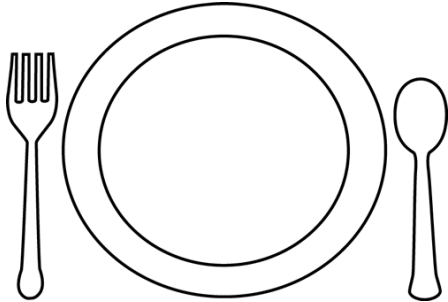
## IN THE CAR >>>>>>>>X<<<<<<<<<<



Make driving home from school or practice a dedicated speech time! Focus on using "good speech" as you talk about your day. Play "I spy" to get lots of practice in at the word and/or sentence level. You could even keep a list of 5 words in the car to practice each time you are driving somewhere!

## >>>>>>>>X<<<<<<<<<< AT MEALTIME

Sitting down to a meal is a great way to target sounds! Start by naming everything you see on your plate that has your sound. Try looking around the kitchen to find things that have your sound. You could even give each person at the table a word to help you practice throughout the meal. Hide it under their plate for a fun surprise!



## AT BEDTIME >>>>>>>>X<<<<<<<<<<



It may surprise you that your bedtime routine has tons of ways for you to practice! A great bedtime story is a wonderful way to practice your sound. Look for pictures or words in the story that have your sound to practice. Try a "pajama race" and see how many times you can say your sound as you get into your pajamas! You could even say your sounds in front of the bathroom mirror as you brush your teeth and wash your face!

# Clip Art and Fonts

- Hello Font
- KG Font
- My Cute Graphics
- P4 Clips Trioriginals